



# 4th Annual Windermere Triathlon

**Sunday 8/3/25 at 10am**

Meet at the Windermere Clubhouse at 9:45 for a 10 am start

Please join us for some friendly neighborhood competition  
All ages welcome!

## Race Details

- Ages 6 and Under will stay within the clubhouse parking lot for the run and bike and 1 length of the pool - kickboards, floaties, and in person support can be arranged.
- Ages 7 and Up will do 1 lap running and 2 laps biking (see attached route- 0.6 miles), and 1 length of the pool
- If we have interest from tweens, teens, and/or adults we can create another division
- Please use the Sign Up Genius to volunteer and/or donate items. When signing up please put ages of kids and whether they need help in the water.
- Kids are welcome to participate in all 3 events or just those they feel comfortable doing. They can also compete up or down age levels.
- All ability levels are welcome! Run/walk, bike/scooter whichever is most fun!
- Don't forget to wear running shoes!
- Spread the word! Would love to have all members of the neighborhood as cheerleaders!

## Post Event Festivities

- Carmen's Italian Ice
- Prizes
- Grilled meats/chicken prepared by The Dad's of Windermere!!!
- Stay for lunch, music and fun!

Please see Sign Up Genius for volunteering/donations

**\*\* There is a \$10/kid entry fee to cover italian ice, prizes, lifeguard, and grilled items\*\***

Questions? Suggestions? Please reach out to Ashley:

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Rain? Let's just hope that is not an issue...

